

Appreciations...

“I liked the practical examples and developing the action plans. The group projects were a lot of fun! I especially enjoyed the benefit of the facilitators’ personal experience.”

-*Bhakta Eric (school teacher)*

“There are many useful tools available that can make relationships easier. I wish I had known them in the beginning.”

-*Lilamrita dasi*

“I realized that as good as my relationship is, it can use some work because there is always room for improvement. My other relationships will benefit too!”

-*Narayani dasi*

“It was extremely relevant for my wife and me. The pace was lively. Nice open discussion of topics.”

-*Gaurasundar das*

Quote:

“We require so many householders to set the example for others, how in Krsna Consciousness we can live peacefully and sanely, even in married life.”

-*Srila Prabhupada, letter, 12/9/68*

Is this course suitable for me?

It is suitable to a broad spectrum of devotees interested in an improved quality of family life.

- Those considering marriage in the future.
- Engaged couples preparing for marriage.
- Those newly married.
- More mature couples wishing to revitalize their household lives.

How can I get in touch with trainers?

Contact the Grihastha Vision Team
gvteam108@gmail.com

Or visit our web site at:
www.VaisnavaFamilyResources.org



Strengthening The Bonds That Free Us

VTE
Grihastha Training Course 1

Presented by:
The
Grihastha Vision Team



*Healthy Marriages. Happy Families.
Strong Communities*

What can I learn from this course?

- Appropriate values, perceptions and expectations of married life.
- Suitable and nurturing communications skills.
- To effectively manage disagreement and conflict.
- To develop integrity in your interpretation and application of scripture to guide your own life as a KC householder.
- To deal with serious challenges, especially those that raise issues of separation and divorce.
- How to positively meet financial responsibilities.
- How to maintain a balanced and regulated lifestyle, which will serve as an example to others and positively assist in the preaching mission.
- The knowledge, skills and values that help raise and nurture stable children and that develop closely knit devotee families and communities....and much more!

How long is the course?

This intensive course has 12-18 hrs of classroom study. It is highly participatory, fast paced and informative.

It can be designed to fit your group's needs. For example it can be taken in 2 or 3 days, consecutive weekday evenings and all of Saturday, whatever suits the occasion.

What happens in the workshops?

Facilitators systematically go through various topics applying *The 12 Principles and Values of a Krsna Conscious Marriage*©. Inappropriate paradigms are exposed and participants are taught the skills necessary for developing healthy relationships. There are lots of opportunities for participation and group work.

There is no pressure to share personal information.

What is the GVT

The GVT or Grihastha Vision Team is a grass roots organization formed by devotees working in the field of marital and family counselling. We are independently run and offer our services to Vaisnavas. While not commissioned or funded by the GBC, they have signed our Pledge of Support. To see a list of our team members please visit our website at:

www.VaishnavaFamilyResources.org

What other services does the GVT offer?

A few of our 14 initiatives are:

- ✓ We train mentor couples in each community to offer premarital education.
- ✓ We have professional devotees counsellors ready to serve you.
- ✓ We design and facilitate courses to help you improve your grihastha life.
- ✓ We actively advocate that family programs and services be expanded in all centers.

