



I am a qualified HPC and BACP registered counsellor and drama therapist who has been practising for over 20 years. I have worked with a variety of issues such as relationship difficulties, low self esteem, personal issues, depression, anxiety, bereavement, and other problems that can get in the way of service and life. I work with individuals, couples and groups. As a parent and grandparent I have had a lot of life experience that can help with the counselling process. I see counselling as a way of becoming more aware and conscious of oneself. "First be conscious then be Krsna conscious"

**Sri Kama devi dasi,
ACBSP (Shree Grant)**