

Kruti Patel

I'm a licensed clinical psychologist in Austin, TX. I have my own private practice with 2 friends.

Here is my website: <https://www.drkrutipsychologist.com>

Here is my practice's website: <https://www.ritualwellnessatx.com>

I've been a part of ISKCON since about 2009. I attended programs at the Bhakti Center for a few years before I moved to Ohio for graduate school. There, I was a regular part of the Columbus Krishna House congregation. Now, I live in Austin with my husband and young daughter. I used to be a Sunday school teacher for the teens until I had my daughter.

I'm hoping to offer some service/support to devotees in need of a confidential space for their mental health. I would say a few of my areas of particular expertise are couples therapy, maternal mental health and serving the BIPOC community. All my practices are trauma informed.

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Kruti

Kruti Patel, Ph.D. (she/her)
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