

Nitai Yash Tibrewal Bio

"Nitai is a licensed mental health professional based in Gold Coast, Australia. He is an experienced accredited mental health therapist providing psychological therapies.

Nitai currently works for a complex trauma service and is skilled at working with children, adolescents, adults and families. His past experience includes working at an Early Psychosis Clinic.

Nitai is trained in modalities such as CBT, DBT, EMDR, Circle of Security, Theraplay, Nonviolent Communication (NVC) and Sensorimotor Psychotherapy. Nitai also has done level 1 training in Emotional Focused Therapy and is aiming to provide relationship counselling in the future.

Nitai works from an attachment focused, strength based and trauma informed background with focus on a holistic approach to health. Nitai grew up in a devotee family and has an understanding and appreciation of the philosophy."

Contact him at nitait9@gmail.com or What's App +61 435 775 011